

*Swami Advaita is one of the contemporary teachers from the Hindu Tradition. His teachings are based on the Upanishad dialogues that question the nature of Life and guide seekers to Truth.*

*He brings into focus the need to be free of all complexities, to quest the individuality and to unfold the working of the mind. Living in the Himalayan monasteries for many years, he was guided by the Masters of Shaivism, Vedanta and Tantra.*

*In his interpretation of the ancient texts, we are exposed to their beauty and relevance in present times. He actively involves in Inter-Faith Dialogues, academic seminars and conducts retreats to share the Wisdom.*

*He is a prolific writer, a narrative poet and an engaging speaker. He holds academic degrees in Sanskrit and Shad-Darshanas, the six schools of Indian philosophy. He is the Founder-Director of ADVAITAM, a spiritual retreat centre and an active forum for personal growth.*

*He is a guide on the path to those exploring the inner life.*

