

Neel Kulkarni was born and brought up in Pune city with the surroundings filled with Sanskrit, Philosophy, Yoga, and associated subjects. Therefore, he developed interest in Yoga and associated subjects from early childhood. He studied these topics and Health Sciences for a prolonged time, during his schooling, college, and also professional career as Software Engineer in New Zealand, Australia, and the USA. He holds Bachelor's and Master's degrees in Aerospace Engineering from the reputed institute, Indian Institute of Technology.

Neel has studied Yoga related topics and has also done independent research in this field. In 1998 he developed a system that integrated modern sciences and methodologies with Yoga, titled Adhiyoga - Authentic Yoga System.

In 2014, he published the second historical Yoga Sutras with the title Adhiyoga Sutras with his own commentary and Sanskritized Sutras and Karikas made by his teachers, Dr. Thite and Dr. Kharwandikar. This work has received high reviews from 15 world renowned scholars. These are given on the website www.adhiyoga.com.

Neel founded SaeTeh, The Authentic Yoga School in 1998, in the USA. This school is internationally respected. It offers instruction in yoga exercise, meditation, and philosophy, and gives yoga teacher training of various kinds. He considers his students as his friends and family.

