

Yogeshvar is a traditional spiritual teacher of Yoga and Vedanta, from Chennai, South India. Right from childhood, being born in a brahmin family, his thinking and worldview have been shaped by the vedic tradition, side by side with the westernized education. Over the years, he has taught Yoga to a varied audience, as well as given personal guidance in India, Brazil and Romania.

He was known in the tamil speaking world, for his daily morning yoga program in Jaya TV in tamil language. It was appreciated as one of its kind and set the benchmark for other such programs to come.

He is the main Acharya of the Vedic Dharma Association, Bucharest, where he has conducted weekly classes of Yoga and Vedanta for the past four years, while also guiding his students through private consultations and regular retreats.

While playing the role of a teacher, he is also a student of these traditions, and a Lover of God (The Supreme Person, referred to as 'Ishvara' in Vedanta) through all contexts of life. He has studied under a number of teachers, in the tradition of Siddhas for Yoga and that of Sri Shankaracharya for Vedanta. He found his Guru in Dravidacharya Sri Ramakrishnan Swamiji of Rishikesh, under whom he is perfecting his commitment to self knowledge.



The feedback received from his students over the years reveals Yogeshvar as someone who can effectively bridge the gap between the modern mind and the traditional framework and knowledge base. In any context where the connection happens for a prospective student, be it a Yoga or Vedanta class, counseling or just a hello in an informal meeting, the interaction usually leads to facilitating clarity on the fundamental questions of life, like finding and walking the path for oneself and the direction towards spiritual fulfillment. His approach is very nonlinear and flexible, receptive to each student's particular traits and needs, at the same time very strict in maintaining the spirit of the teachings; always trying to keep up with the standards set by the timeless traditions of Yoga and Vedanta.

Yogeshvar considers himself an evolving specialist on bringing back on track those people who have temporarily gone astray but have that spark alive in them (referred to as 'yoga brashta' in our tradition). There is a Tamil Siddha description of the guru that best describes Yogeshvar's approach to his role as a spiritual teacher... "The guru is a dear mother while embracing with love when the disciple cries in despair, is a father while picking up the disciple after every stupid fall, is a friend while playing, is like the personal deity while protecting when prayed to and the guru is a child for all those who take him with love as theirs."

